Volume 60, Number 6

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March 17, 2022

#### **NEWS BYTES**

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**SECNAV** visits USS Gerald R. Ford to celebrate "100 Years of **Carrier Aviation**"

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March Madness brings back feel of the good ol' days

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**Emmett Till relatives** seek renewed probe of '55 lynching

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New events on the community calendar

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**Spring Fling coming** soon



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US astronaut to ride Russian spacecraft home during tensions

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## Naval Aviation Training Next -- Project Corsair commences first class with revamped advanced flight training

By Anne Owens Chief of Naval Air Training

Chief of Naval Air Training (CNATRA) commenced Project Corsair - Naval Aviation Training Next's (NATN) prototype flight training syllabus for advanced tactical jet pipeline students - with a ribboncutting ceremony aboard Naval Air Station (NAS) Meridian, Feb. 25.

CNATRA Rear Adm. Robert Westendorff, Commodore Training Air Wing 1 (TW-1) Capt. Robert Lanane, TW-1 Innovation Project Lead Cmdr. Michael Saylor, and Barbara DeBlanc Romero cut a ceremonial ribbon officially dedicating the Project Corsair facility at TW-1. Romero is the daughter of U.S. Marine Col. Jefferson J. DeBlanc, who was a World War II Corsair pilot and Medal of Honor recipient.

Traditionally, advanced flight training takes about 52

weeks to complete. Project Corsair uses the same principles developed for Projects Avenger and Hellcat - recently redesigned primary and intermediate training - to reduce the time it takes to train Student Naval Aviators (SNA). With 12 SNAs in its first class, Project Corsair replaces the traditional T-45C Goshawk strike training syllabus and introduces advanced concepts that SNAs would typically learn in their fleet replacement squadron (FRS). By shifting the introduction of these advanced concepts, SNAs gain knowledge earlier and are more prepared for the FRS syllabus. It combines the latest advancements in technology with structural and organizational improvements, such as focusing on skill-based progression instead of flight-hour quantitybased progression, thus minimizing time-to-train and cost.

• Corsair, page 4



Photo by MC1 Krystina Coffey

Left to right, CAPT Robert Lanane, Commodore of Training Air Wing ONE, LCDR Michael Saylor, Barbara DeBlanc Romero, and RDML Robert Westendorff, Chief Naval Air Training, pose for a ribbon cutting at the dedication of the Project Corsair facility operated by TW-1 onboard Naval Air Station Meridian, Feb. 25. Mrs. Romero is the daughter of U.S. Marine Col Jefferson J. DeBlanc who was a World War II Corsair pilot and Medal of Honor recipient.

# MA1 Palmer named Military Citizen of the Year



Mississippi Council of the Navy League President Roger Burke, left, is pictured with QM1 Isabella Tesch, the runner-up for the AC2 Whitney Powell Memorial Military Citizen of the Year. Alongside her is MA1 Craig Palmer, who was named the award recipient this year, and Command Master Chief Craig Johnson who served as EMCEE of the luncheon, March 15. Palmer, a member of the NAS Security Forces Department, serves as a foster parent for three children, volunteers with the Wounded Warrior Program and the Navy Ball Committee. The annual award, sponsored by the Mississippi Council of the Navy League and East Mississippi Business Development Corporation, honors enlisted military members who dedicate much of their personal time to community service while they are stationed at NAS Meridian. In 2013, the award was named in honor of Powell, a well-known Sailor who was extremely active in the community. Powell died in a car accident Feb. 7, 2013.

Photo by MC1 Krystina Coffey

### Navy updates policy for Sailors with pseudofolliculitis barbae (PFB)

By MC1 Jeanette Mullinax

Chief of Naval Personnel Public Affairs

As a result of feedback from Sailors and waterfront leadership, the Navy has updated grooming policy and requirements for Sailors diagnosed with the shaving-related condition pseudofolliculitis barbae (PFB) in NAVADMIN 064/22, Mar. 9.

Navy dermatologists and the Navy Uniform Matters Office conducted the latest periodic review of the instruction regarding management of Sailors diagnosed with PFB, and took into account recommendations from Sailors directly affected by PFB. This latest update provides guidance for those Sailors, military medical care providers and commanding officers.

PFB, also referred to as razor bumps, is caused when tightly curled beard hairs, sharpened by shaving, curve back and re-enter the skin, resulting in facial inflammation, bumps and infections.

The first on the list of updates announced that Sailors diagnosed with PFB will be authorized to outline or edge their beards.

"We listened to recommendations by Sailors personally affected by PFB and we worked with our medical professionals to refine the Navy's PFB management policy and procedures," said Robert B. Carroll, head of the Navy Uniform Matters Office. "These changes directly reflect the Navy's commitment to Sailor health, safety and mission readiness in the force."

With this update, the Navy will also eliminate the mandate of carrying a facial hair waiver or "noshave chit" while in uniform. Sailors have the option to maintain a copy of their waiver treatment form on a personal portable electronic device or a paper copy for convenience in situations such as embarking a ship or temporary duty assignments where medical records may not be immediately

Another major update to the instruction will ensure that PFB treatment failures are not considered as grounds for a Sailor's administrative separation. In the vein of prescribed treatments, Sailors diagnosed with PFB no longer have to consider laser hair reduction as a required treatment.

For Sailors whose conditions do not improve with PFB medical treatments, the duration between required evaluations will now occur every two years, unless prescribed more frequently by their military medical care provider.

Prior to this latest review, the last update to BUPERS Instruction 1000.22C was released Oct. 8, 2019. The NAVADMIN announcing current PFB program changes was released in advance of BUPERS Instruction update. The Navy continues to update grooming standards and uniform policy based on Fleet feedback and direction from Navy leadership.

# NAS partners with local law enforcement for canine training





Photos by MC1 Krystina Coffey

NAS Meridian Security Forces Military Working Dog Program partnered with multiple law enforcement agencies for a training event, March 15. NAS hosted the group for a one day training on the installation and then military working dog handlers participated in additional training with agencies including the FBI, Mississippi Highway Patrol, Biloxi, Meridian, Madison and Rankin County Police Departments with 20 different canine police dogs at the Meridian Public Safety Training Facility during the week-long exercise. Top photo: Madison Police Department Officer Chris Picou observes as Mississippi Highway Patrol State Trooper Phillip Mitchell instructs his working dog during a search. Right top: Madison Police Department Officer Ricky Cross instructs his dog during the collaborative training event. Right bottom: Master-at-Arms 3rd Class Matthew Kornegay observes as military working dog Daryl signals on a



### Coleman Retirement



CDR Rob McCharen, public works officer, presents a retirement certificate to Bo Coleman during a ceremony in February. Coleman was Utility Systems Lead at the water plant overseeing and managing the Water Plant and consistently received a five star rating from the Mississippi Department of Health.

## Chill Cook off Winner



Submitted photo

CDR McCharen presents a trophy to Andy Miles who won 1st place during the Public Works 3rd Annual Chili Cook-off in February.

### Kiger Reenlisitment



Photo by MC1 Krystina Coffey

Air Traffic Controller 1st Class Patrick Kiger, left, receives a certificate of reenlistment from LT Joseph McCollough during a reenlistment ceremony at the air operations building onboard NAS Meridian, March 11.

### $The \ Skyline$ ~ Naval Air Station Meridian, Miss.

**Command Staff** Commanding Officer ~ **CAPT Timothy B. Moore** Executive Officer ~ **CDR Jamie Epps** Command Master Chief ~ **CMDCM Craig Johnson** 

Editorial Staff Public Affairs Officer ~ Penny Randall Public Affairs Specialist~ Adam Prince Staff Writer/Photographer~ MC1 Krystina Coffey

Hotlines & Helpful Numbers SAPR Victim Assistance: 601-604-3037

SAPR Civilian Victim Assistance: 601-486-3122 SARC: 601-481-4274 SAFE Helpline: 877-995-5247 Suicide Hotline: 800-273-8255 Military OneSource: 800-342-9647 CEAP (DoN Civilian): 844-366-2327 EAP (NAF Civilian): 800-932-0034 FFSC Meridian: 601-679-2360 Chaplain: 601-604-2015 NMCRS Duty Cell: 601-604-2206 EEO (NAF): 866-295-0328

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# **Local Happenings**

#### MARCH

26: 5th Annual Allie Cat Run & Festival from 9 a.m.-5 p.m. at City Hall Lawn. Join the 5K run; 2 mile run/walk and kids fun run. All proceeds benefit MORA, Allie Carruth Scholarship and Allie Carruth Grant. For info, visit http://time2run.net.

26: MCM-Meridian's 1st Birthday! from 9 a.m.-5 p.m. at the Mississippi Children's Museum - Meridian. Come celebrate our first birthday. Tickets are \$10; call 601-512-0278.

#### **APRIL**

2-3: Maker Faire Meridian Saturday from 10 a.m.-5 p.m.; Sunday from 1-5 p.m. at the Soule Steam Feed Works. Maker Faire Meridian is a family-friendly event that gives everyone an opportunity for conversations with Makers — crafters, educators, tinkerers, engineers, authors, artists, inventors and entrepreneurs. Call 601-693-9905.

9: Trash & Treasure Sale benefiting Meridian's historic home Merrehope from 7 a.m.-2 p.m. at 1000 14th Street (former Tinnin Lighting/Carpet), Meridian. Sale items include: lamps, housewares, tableware, jewelry, linens, gift items and holiday decor. No clothing or shoes. Come shop with us and help historic Merrehope & The FW Williams home at the same time. No early birds, please. Cash ONLY. 601-483-8439.

20: An American In Paris: The Musical at 7:30 p.m. at the MSU Riley Center. The musical features the music of the legendary composer-lyricist team George and Ira Gershwin. The 2015 Broadway production, inspired by the Academy Award-winning 1951 film starring Gene Kelly, won four Tony Awards. Tickets range from \$48-\$100; call 601-696-2200.

## **Beaver Management**



Jeff Mangrum, installation wildlife biologist, surveys the impacts of beaver activity along one of the installation's drainages. In Mississippi, beaver populations are abundant and their habitat is found almost anywhere there is a source of water.

### Results of Navy Annual PPV Tenant Satisfaction Survey released

This year's privatized housing survey was conducted between October and December of 2021. The survey provides each household with a voluntary and confidential opportunity to share open and honest feedback on their housing experience.

Results from the 2021 Navy Public-Private Venture (PPV) housing Tenant Satisfaction Survey (TSS) show an overall score of 76.2 for family housing, representing a slight 0.8 point decline from the previous survey. Detailed survey results by the installation are being used to guide where the Navy and our PPV

partners can continue to make improvements and take corrective actions.

"Providing quality, affordable housing for Sailors and their families is a priority for the Navy," said Mr. Cannon, director of Fleet and Family Readiness at Commander, Navy Installations Command (CNIC). "Thank you to all the Sailors and tenants who took part in the survey. The survey responses will be invaluable in improving our housing services to best serve you as you serve the nation."

> -- From Lt. Clara Navarro, **CNIC Public Affairs**

Read more, click here

### Southcom Commander says partnerships key to national defense in Western Hemisphere

In just four months of leading U.S. Southern Command, there's one thing that's become apparent to Army Gen. Laura J. Richardson. The key to addressing security threats in South America, and by extension to the U.S. itself, doesn't just lie with America's own military but with the militaries of the partner nations already there.

"In my initial travels in the region, it has become obvious to me that our partners are our best defense," Richardson told members

of the House Armed Services Committee on Tuesday. "We must use all available levers to strengthen our partnerships with the 28 likeminded democracies in this hemisphere, who understand the power of working together to counter these shared threats."

Threats in South America, Richardson said, include transnational criminal organization as well as the meddling of both China and

-- From C. Todd Lopez, DoD News

Read more, click here

### U.S. Forces prepare to join Norway's biennial exercise Cold Response 22

Thousands of U.S. Marines and Sailors are scheduled to participate in Norway's Exercise Cold Response 22, the ninth iteration of this exercise, occurring from March 14 - April 1,

Thousands of U.S. Marines and Sailors are scheduled to participate in Norway's Exercise Cold Response 22, the ninth iteration of this exercise, occurring from March 14 - April 1,

The exercise is designed to enhance military capabilities and allied cooperation during a high-intensity warfighting scenario in a challenging Arctic environment with rugged terrain and extreme cold weather. This iteration will emphasize and test critical activities ranging from the reception of allied and partner reinforcements and command and control interoperability, to combined joint operations, maritime prepositioning force logistics, integration with The Royal Netherlands Navy, and reacting against an adversary force in a dynamic training environment.

-- From 1st LT. Jasmine Scott

Read more, click here



2018 Mallard M185 Travel Trailer. Sleeps 4 with 1 queen bed/2 bunks. Easy to tow at 3,575 lbs; only selling because military member is moving overseas. Great living quarters with lake view. Hooked up and ready to live in, including cables, hoses, plus the \$500 towing kit. Asking \$17,000. Call 360-434-3035.

2018 Subaru Outback 2.5 limited, 12k miles; Subaru safety features and warranties included. Asking \$29k. Call 601-480-5100.

2017 Dodge Challenger, grey with racing stripe. \$24k. Call 601-880-3237.

HOMES/APARTMENTS

For Rent: 3BD 2BA home with 1 car garage, all new appliances and flooring. 13 miles from NAS. Rent \$1200, security deposit will be half of 1st month rent. Move in ready June 1st. Call 757-589-2174.

For Rent: Lake Cabin near NAS Meridian. 1 BD/1 BA; \$700 month. Unfurnished. More info and photos can be viewed https://www.facebook.com/marketplace/ item/851262408853834/

For Rent: 3BD/2BA private gated home with 2-car garage in West Lauderdale; 15 minutes from the base. Call 601-737-4569 or 601-934-0739.

For Rent: 2BD/1.5BA Home at 3702 Rollins Dr, Lauderdale in Dalewood. 2136 sq ft on a .29 acres lot. Beautiful newly renovated single family home. Call 973-876-5006.

For Rent: 2BD/1.5BA single family home in

Dalewood - fully renovated. Pets allowed. Pet deposit \$300. \$1,300 rent per month. Call 973-876-5006.

For Rent: 2BA/1BA on the water at Dalewood \$600 per month. Call 601-683-6038.

#### MISCELLANEOUS

For Sale By Owner: 3BD/3BA brick home with sunroom. large fenced in yard. Convenient to shopping and base. \$139K. Call 601-513-3395 or 601-227-1870.

For Sale: Office desk with file cabinets and hutch. Item retails for well over \$1000; selling it for \$300 (or best offer). Please contact LtCol Topping at 858-736-5812.

To submit an item to the "Sale...Or" column, e-mail adam.prince@navy.mil. Deadline is the Thursday prior to publication.

Listings in the "Sale...Or" column are free for anyone who works at NAS Meridian. To include your announcement, email adam.prince@navy.mil

#### Corsair

Following in the same modality as Projects Avenger and Hellcat, Project Corsair is a departure from traditional training structure and promotes proficiency-based training and a detachment mentality. A core group of Instructor Pilots (IP) is assigned to each new class of SNAs to work through the syllabus with them. Instead of using total hours and total sorties to determine completion, it uses each SNA's proficiency to determine successful completion for each block.

Once a SNA demonstrates the requisite proficiency and retention of skills for a block of flights, the SNA will validate competency in that specific block, having the potential to "proficiency advance" the remaining flights. Additionally, Project Corsair's steady-state scheduling design allows for a minimum of one flight per day to aid in ensuring skill retention, progression, and proficiency.

"The end state of Project Corsair is to provide the FRS with the most capable SNAs leveraging every capability and process available," said Saylor. "I personally feel Project Corsair's ability to leverage new training technologies, steady-state scheduling, early exposure to fleet-level tactics, and the ability to proficiency advancing students that are able to demonstrate high levels of performance and retention when and where applicable will result in a higher-quality Student Naval Aviator in reduced time-to-train."

Using newly available commercial and military technology, Project Corsair seeks to provide on-demand access to training as well as create new methods of learning with virtual reality (VR) simulators,



Photo by MC1 Krystina Coffey

CDR Kevin Friel, instructor pilot, wears a Project Corsair unit patch whille a student is flying in virtual reality during a tour of the Project Corsair facility operated by TW-1 onboard NAS Meridian, Feb. 25

pre-recorded fleet-style briefs, 360-degree flight videos and digital flight debrief capability. The addition of two new phases of training,

Target Area Mechanics (TAM) and Fighter Intercepts (FTX) will expose SNAs to more advanced Air-to-Ground and Air-to-Air Fighter tactics prior to reaching FRS.

According to Cmdr. Drew Corey, CNATRA NATN expansion lead, Project Corsair tailors instruction with VR devices and then has students validate the knowledge they've obtained in Operational Flight Trainers or aircraft to ensure they've reached the competency requirements to move forward with training.

"Project Corsair seeks to ensure efficient scheduling that maximizes both human and physical resources, specifically our students' and instructors' time, our fuel, and aircraft."

The addition of an artificial intelligence-based scheduler offers access to training aids electronically through a fully capable learning management system installed on an electronic kneeboard board and serves flight school in the palm of your hand.

"The use of technology allows this syllabus to teach advanced concepts earlier on," said Cmdr. Kevin Friel, CNATRA NATN director. "We can sync two devices for students to practice dogfighting fundamentals with two IPs and learn those principles. It may not feel completely like the aircraft, but is an excellent procedural trainer, and will help teach higher level concepts much earlier. Theoretically, when they get to a more advanced aircraft, they won't need as much instruction to advance through that skillset."

Project Corsair expects to graduate its first class in March 2023.

# US astronaut to ride Russian spacecraft home during tensions

By Marcia Dunn
AP News

U.S. astronaut Mark Vande Hei has made it through nearly a year in space, but faces what could be his trickiest assignment yet: riding a Russian capsule back to Earth in the midst of deepening tensions between the countries.

NASA insists Vande Hei's homecoming plans at the end of the month remain unchanged, even as Russia's invasion of Ukraine has resulted in canceled launches, broken contracts and an escalating war of words by the Russian Space Agency's hardline leader. Many worry Dmitry Rogozin is putting decades of a peaceful off-the-planet partnership at risk, most notably at the International Space Station.

Vande Hei — who on Tuesday breaks the U.S. single spaceflight record of 340 days — is due to leave with two Russians aboard a Soyuz capsule for a touchdown in Kazakhstan on March 30. The astronaut will have logged 355 days in space by then, setting a new U.S. record. The world record of 438 continuous days in space belongs to

Retired NASA astronaut Scott Kelly, America's record-holder until Tuesday, is among those sparring with Rogozin, a longtime ally of Vladimir Putin. Enraged by what's going on in Ukraine, Kelly has returned his Russian medal for space exploration to the Russian Embassy in

Washington.

"We need an example set that two countries that historically have not been on the most friendly of terms, can still work somewhere peacefully. And that somewhere is the International Space Station. That's why we need to fight to keep it," Kelly told The Associated Press.

NASA wants to keep the space station running until 2030, as do the European, Japanese and Canadian space agencies, while the Russians have not committed beyond the original end date of 2024 or so.

The U.S. and Russia are the prime operators of the orbiting outpost, permanently occupied for 21 years. Until SpaceX started launching astronauts in 2020, Americans regularly hitched rides on Russian Soyuz capsules for tens of millions of dollars per seat. The U.S. and Russian space agencies are still working on a long-term barter system in which a Russian would launch on a SpaceX capsule beginning this fall and an American would fly up on the Soyuz. That would help ensure a U.S. and Russian station presence at all times.

Vande Hei, 55, a retired Army colonel, moved into the space station last April, launching on a Soyuz from Kazakhstan with Pyotr Dubrov and another Russian. He and Dubrov stayed twice as long as usual to accommodate a Russian film crew that visited in October.

As the situation 260 miles (420 kilome-

ters) below intensified last month, Vande Hei acknowledged he was avoiding conversations about Ukraine with Dubrov and Anton Shkaplerov, their Russian commander. Three more Russians will blast off from Kazakhstan on Friday to replace them.

"We haven't talked about that too much. I'm not sure we really want to go there," Vande Hei told a TV interviewer in mid-February.

Space station operations continue as always — in orbit and on Earth, according to NASA.

"It would be a sad day for international operations if we can't continue to peacefully operate in space," said NASA's human spaceflight chief Kathy Lueders, who noted it would be "very difficult" to go it alone.

To mark Tuesday's milestone, NASA turned to Twitter to gather questions for video-recorded responses, and some asked whether Vande Hei might switch to an American ride home. SpaceX is taking three wealthy businessmen and their ex-astronaut escort to the space station at the end of March for a brief visit. Then in mid-April, SpaceX will deliver four astronauts for NASA before bringing back four who have been on board since November.

NASA's space station program manager Joel Montalbano, during a press briefing Monday, said Russia's space agency has confirmed that they're ready to bring all three back — Vande Hei and the two Russians. A NASA plane and small

team will be on hand in Kazakhstan, as usual, to whisk Vande Hei back home to Houston.

Former NASA astronaut Heidemarie Stefanyshyn-Piper, whose father was born in Ukraine, concedes it's a difficult situation.

"We're sanctioning Russia. Companies are pulling out of doing business in Russia. But then yet you still have the U.S. government — the space agency — doing business with the Russians," she said. "You can't push a button and separate the two" sides of the space station.

Besides threatening to pull out of the space station and drop it on the U.S., Europe or elsewhere, Rogozin had the flags of other countries covered on a Soyuz rocket awaiting liftoff with internet satellites earlier this month.

The launch was called off, after the customer, London-based OneWeb, refused his demands that the satellites not be used for military purposes and the British government halt its financial backing.

The European Space Agency also is reeling. After missing a 2020 launch deadline for its Mars rover — a joint European-Russian effort — the project was on track for a September liftoff from Kazakhstan.

Now it's most likely off until 2024, the next opportunity for Earth and Mars to be properly aligned. And Russia has pulled its staff out of the French-run launch site in South America, suspending Soyuz launches of European satellites.

Read more, click here

# War in Ukraine: A different conversation for military families

"Dad, are your military friends in crisis mode because of the war in Ukraine?" our 24-year-old daughter Anna asked. She was home from her fashion job in New York City for the weekend, and was sewing a vest in the colors of the Ukrainian flag. She planned to auction the vest online, and donate the proceeds to a Ukrainian relief

### <u>COLUMN</u>



Molinari

fund.
Obviously, war was on her mind.

"What do you mean?" my husband, Francis, who retired five years ago, after 28-years in the navy, asked.

Anna clarified her question. "Aren't military people getting briefed on the war, making preparations, flying overseas, marching around, deploying, or whatever?"

"Well, not necessarily," Francis said. "It depends upon their area of responsibility. Every military person is assigned to a command that

covers a specific area of the world. Only those commands assigned to the areas affected by the Ukraine War would be involved. Make sense?"

Anna's brown eyes darted as scenes played out in her head. She seemed stressed, emotional, trying to contemplate that which is incomprehensible.

It occurred to me, our kids have no concept of modern war. There hasn't exactly been worldwide peace since 9-11, but Putin's invasion of Ukraine has been the first highly visible war in decades.

It also occurred to me that we, as parents, may not be equipped to help our young adult children understand it all. I wondered, are they seeing images of bloody conflict and worrying that it might happen in the U.S.? Do they read about biological weapons and nuclear bombs and fear that we're on the brink of a World War?

I searched for advice on how parents should talk to children about war in Ukraine, hoping to find wisdom that could guide discussions with our young adult children. The suggestions in the articles I read made sense: Limit children's exposure to potentially frightening media. Ask children to share what they've heard and seen. Give facts and context. Offer

a safe space to share their feelings. Talk about bad decisions but not bad people. Read positive stories about people helping. Reassure them that it is your job to protect them.

However, one guide stated that, depending on the child's age, there may be no need bring the topic of war up, "unless they have a family member in the military."

Ah, there's the catch.

Talking about war is different for military kids, because they know certain things about military life. They know that, when fights happen in far away places, sometimes military parents are called upon to help. They know parents might have to go away for months at a time. They know parents' military jobs might put them in danger. They've heard stories about military parents who never came home.

When searching for advice specifically geared toward military children, I found "Talking to Children About Armed Conflict" (2015) by Family Science Specialist, Sean Brotherson, P.h.D., stating that addressing military children's reactions to news of war "is particularly important because these issues directly relate to their military family life." I contacted Professor Brotherson to pick his brain.

"Children in military families grow up in

a unique context that makes their experiences different from other peers," he told me, because acts of violence create a compounded sense of uncertainty, fear and insecurity in children with military parents. "In times of war or conflict, taking the extra time needed to listen to one's children and allow them to share their feelings can do much to reassure them. Also, connecting with other military families who have kids that understand can help them feel reassured ... Finally, try to find small ways that your children might get involved in helping those affected by war, whether sending cards or gathering items needed for humanitarian assistance. Being proactive and reassuring in small ways can help children feel more in control when things around them seem out of control."

Anna might be 24, but having grown up in the military, she is understandably anxious about this new war, and is seeking ways to cope. She's back in New York, determined to finish her Ukrainian flag vest, and do what she can to help.

Lisa Smith Molinari's self syndicated columns appear on her blog, www.themeatandpotatoesoflife.com and she recently co-authored Stories Around the Table: Laughter, Wisdom, and Strength in Military Life Follow Lisa@MolinariWrites.



### NAS Meridian, MS • Morale, Welfare and Recreation

### **Facility Phone Numbers**

**Fitness Center** 679-2379 **Liberty Center** 679-3760 679-3773 **Tickets** McCain Rec Center 679-2651 Equipment Rental 679-2609

679-2326 Rudders Pub & Grill 679-2780 CDC/CDH 679-2652 SAC 679-5252 **School Liaison** 679-2473 MWR Admin. 679-2551 679-2467 **MWR Jobs Line** 















